





**Flavored Milk: Chocolate and/or Strawberry and /or Vanilla



August 2008 Elementary Lunch

Menu Subject to Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Choices of Fresh and 1 Canned Fruit and/or Fresh Carrots w/ Ranch Daily</p>	<p>*Entrée choice 2, the Featured Salads of the Day, comes with a choice of hot WW roll, milk, 2 sides, and optional extra and/or bonus when offered.</p> <p>*Lacto-Vegetarian Salad available upon request.</p>	<p>There are 5 food items offered for lunch. Students must choose at least 3 of the 5.</p> <p>For Entrée choices 1, 2, and 3, two sides may be selected and a bonus and/or optional extra when offered.</p>	<p>Note: The new meal prices are listed below.</p>	<p> = This symbol indicates that the product is made w/ Pork.</p> <p> = This symbol indicates that the product is made w/ Turkey.</p>
<p>18 Entrées: (Choose 1) 1. Chicken Nuggets w/ a WW Roll *2. Ham & Cheese Chef's 3. Uncrustable PBJ ***Sides: ½ c Green Beans ¾ c Peaches Lowfat Milk: 1%, 2% or **Flavored Opt. Extra: ½ c Steamed Rice w/ Broth</p>	<p>19 Entrées: (Choose 1) 1. 2 Beef & Chz Tacos w/ Salsa *2. Tuna Salad Chef's 3. Uncrustable PBJ ***Sides: ½ c Shredded Lettuce & Diced Tomato Fruit Juice Bar Lowfat Milk: 1%, 2% or **Flavored</p>	<p>20 Entrées: (Choose 1) 1. Corndog  *2. Ham & Cheese Chef's 3. Uncrustable PBJ ***Sides: ½ c Broccoli ¾ c Pineapple Lowfat Milk: 1%, 2% or **Flavored Bonus: Yellow Cake w/ Chocolate Frosting</p>	<p>21 Entrées: (Choose 1) 1. Hamburger *2. Fajita Chicken Chef's 3. Uncrustable PBJ ***Sides: ½ c Tossed Salad ¾ c Mixed Fruit Lowfat Milk: 1%, 2% or **Flavored Opt. Xtra: ½ c Pasta Marinara</p>	<p>22 Entrées: (Choose 1) 1. Pizza *2. Ham & Cheese Chef's 3. Uncrustable PBJ ***Sides: ½ c Corn ¾ c Apricots Lowfat Milk: 1%, 2% or **Flavored Bonus: ½ c Jello w/ Whipped Topping</p>
<p>25 Entrées: (Choose 1) 1. Grilled Cheese Sandwich *2. Ham & Cheese Chef's 3. Uncrustable PBJ ***Sides: ½ c Broccoli ¾ c Peaches Lowfat Milk: 1%, 2% or **Flavored Opt. Xtra: ½ c Steamed Rice w/ Broth</p>	<p>26 Entrées: (Choose 1) 1. Beef Ravioli w/ a Garlic Breadstick *2. Tuna Salad Chef's 3. Uncrustable PBJ ***Sides: ½ c Caesar's Salad ¾ c Mixed Fruit Lowfat Milk: 1%, 2% or **Flavored Bonus: Chocolate Chip Cookie</p>	<p>27 Entrées: (Choose 1) 1. Hot Dog  *2. Ham & Cheese Chef's 3. Uncrustable PBJ ***Sides: ½ c Baked Beans Orange Juice Lowfat Milk: 1%, 2% or **Flavored Bonus: Sherbet</p>	<p>28 Entrées: (Choose 1) 1. Chicken Fryz w/ a WW Roll *2. Fajita Chicken Chef's 3. Uncrustable PBJ *Sides: ½ c Mashed Potatoes w/ Gravy ¾ c Pineapple Lowfat Milk: 1%, 2% or **Flavored Bonus: ½ c Jello w/ Whipped Topping</p>	<p>29 Entrées: (Choose 1) 1. Pizza *2. Ham & Cheese Chef's 3. Uncrustable PBJ ***Sides: ½ c Mixed Vegetables ¾ c Cinnamon Applesauce Lowfat Milk: 1%, 2% or **Flavored Opt. Xtra: ½ c Broccoli Cheese Rice</p>
<p>"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA and Volusia County School District are equal opportunity providers and employers."</p> <p>New Meal Prices: Breakfast: Students \$1.00 Adults & Students not enrolled in Volusia County Schools -\$1.50 Lunch: Elementary-\$1.75, Middle & High-\$2.00, Adults & Students not enrolled in Volusia County Schools - \$3.25, (Those Meals are not Reimbursable Meals)</p>			<p>Choices 1 & 3, with any combination of 1 fruit, 1 vegetable or 2 vegetable choices, milk, optional extra, and/or bonus item, contain 30% or less of calories from fat averaged over the week. Choice 2 with any combination of hot WW roll, milk, 2 sides, optional extra and/or bonus also meets the same guidelines. These meals meet the Heart Healthy Guidelines.</p>	